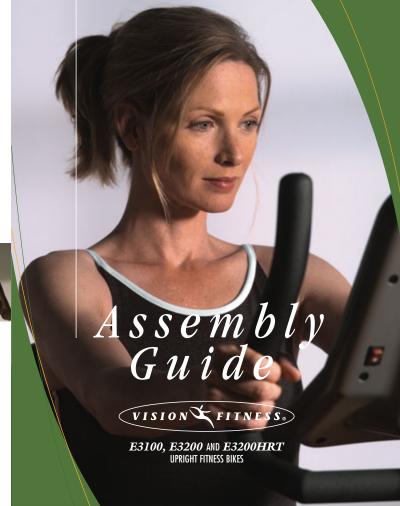
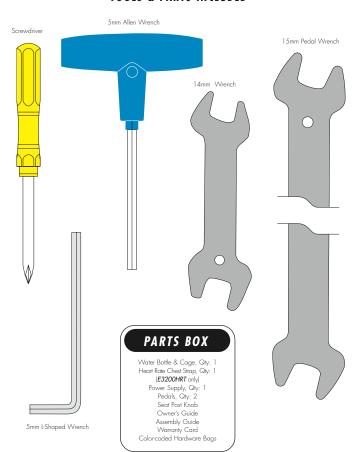
it all starts with a Vision

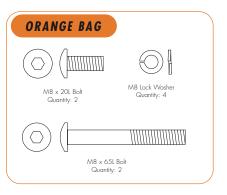


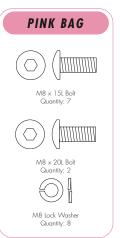
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Assembly Guide

E3100, E3200, AND E3200HRT UPRIGHT FITNESS CYCLES

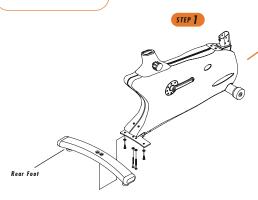
To avoid possible damage to this Fitness Cycle, please follow these assembly steps in the correct order. Before proceeding, find your new Fitness Cycle's serial number located on the front axle tube, and enter here:

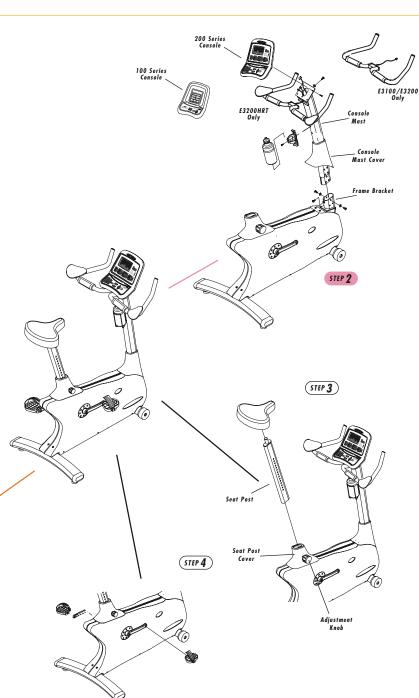
Refer to this number when calling for service, and enter this serial number on your Warranty Card and in your own records. Be sure to read your Owner's Guide before using your new Fitness Cycle. If any parts, hardware or tools are missing, please call 1.800.335.4348, Extension 12

NOTE: It is recommended that you apply grease to the threads of each bolt as you assemble your Fitness Cycle, to prevent loosening and noise. Also, during each assembly step, ensure that ALL bolts and screws are in place and partially threaded in before completely tightening any ONE bolt or screw.

STEP 1 ORANGE BAG

Slide the rear foot into place on the frame. Secure the foot in place with two bolts (M8x2O) and two lock washers (M8) to the outside holes and with two bolts (M8x65) and two lock washers (M8) to the inside holes. Tighten with the blue-handled Smm allen wrench.





STEP 2

PINK BAG

- Slide the console mast cover onto the console mast.
- Use the wire tie coming from the bottom of the console mast to wrap around the wire harness that is sitting in the frame bracket.
- Pull the wire tie up through the console mast so the wire harness exits the top of the mast
- Slide the bottom of the console mast into the frame bracket. Use the 5mm allen wench to secure the six bolts (M8x15) and six lock washers (M8) to the sides of the console most bracket. Use the 5mm Ishaped wrench to secure the last bolt (M8x15) to the edge of the bracket facing the seat. Tighten only until snug.
- Insert the heart rate wires from the handlebars through the hole in the handlebar bracket on the console mast. Attach the handlebars to the handlebar bracket on the console mast with two bolts (M8x20) and two lock washers (M8). Tighten with the Simm allen wench.
- With a screwdriver remove the four mounting bolls from the backside of the console. Connect the heart rate wires and the wire harness to the pin connectors on the backside of the console. Mount the console to the console most using the four mounting screws and the screwdriver.
- Slide the console mast cover into place so it integrates with the side covers.
- Mount the water bottle cage to the console mast with the screws located on the console mast.

STEP 3

SEAT

- Slide the seat post into the seat post
 bracket.
- Screw the adjustment knob into place through the seat post cover.
- Attach the seat to the seat post by sliding the bracket on the underside of the seat over the pin on the seat tube.
 Till to your desired angle. Tighten the nuts on the underside of the seat with the 14mm wrench.

STEP 4

PEDALS

- Attach left pedal strap to left pedal and right pedal strap to right pedal.
- Attach right pedal to right crank arm and left pedal to left crank arm.
 Tighten with the 15mm pedal wrench.